

Managing the Negotiation Within: Internal Family Systems Workshop For Mediators, Lawyers, and Other Professionals

When: Friday, January 19 (9 a.m. – 5 p.m.) and Saturday, January 20, 2024 (9 a.m. – 1 p.m.)

Where: St. Petersburg Conference Center, 8950 Dr. MLK Jr. St. N., Suite 160, St. Petersburg, FL 33702

Who should attend: Mediators, lawyers, and other professionals who deal with conflict.

What: Twelve-hour advanced training involving the theory and practice of the Internal Family Systems model as a tool for conflict resolution, with simulations and written materials

Cost: \$395 (*\$345 if you register before December 31, 2023*)

How to register: See attached form or RSVP to Kathy Brown at relationshipconflictresolution@gmail.com or call Kathy: 727-608-3086 (**CMEs are available; CLEs are in application process.**)

Boston Law Collaborative and Relationship Conflict Resolution invite you to a training led by mediator and attorney **David Hoffman**, Lecturer on Law at Harvard Law School

When embattled parties negotiate, they are often awash in emotions and impulses that make for difficult interactions and impasses. The Internal Family Systems model (IFS) provides a language and framework for helping each party to identify and speak for the fearful, enraged, or wounded parts of themselves that are driving the conflict, and to feel witnessed by the other. In addition, IFS offers lawyers, mediators, and other professionals clear and practical ways to work with their *own* emotions and create an environment in which clients feel safe to be less defensive.

This program will provide participants with an in-depth opportunity to learn and work with the IFS model in the conflict resolution setting. *No prior IFS training is needed.*

Agenda (see next page for speaker bio)

Day One

- **Welcome, Introductions and Overview of the Training**
- **Introduction to the IFS Model: Demonstration and Discussion**
- **Applying the IFS Model: Role Play 1 - Working One-on-One with Clients**
- **Plenary Debrief**
- **Accessing “Self” Energy: The Self-Led Mediator / Lawyer / Collaborative Professional**

Day Two

- **Applying the IFS Model when Working with Two People (Demonstration and Discussion)**
- **Small Group Role Play Sessions**
- **Plenary Debrief**
- **Q & A and Concluding Remarks**

Faculty Bio



David Hoffman, Esq. is an attorney, mediator, arbitrator, and founding member of Boston Law Collaborative, LLC. He is also the John H. Watson, Jr. Lecturer on Law at Harvard Law School, where he teaches three courses: Mediation; Legal Profession: Collaborative Law; and Diversity and Dispute Resolution.

David uses IFS techniques in his work as a mediator and lawyer and has published an article about IFS in the Harvard Negotiation Law Review, "Mediation, Multiple Minds, and Managing the Negotiation Within."

As mediator and arbitrator, David has handled over 2,000 cases involving business, family, employment, and other disputes. David is past chair of the ABA Section of Dispute Resolution, a Distinguished Fellow in the International Academy of Mediators, and a founding member of the Massachusetts Collaborative Law Council. He is listed in the book "Best Lawyers in America" in six categories, including mediation, arbitration, and Collaborative Law. He has received lifetime achievement awards from the Association of Professional Family Mediators and the American College of Civil Trial Mediators and the D'Alemberte-Raven Award, the ABA Section of Dispute Resolution's highest honor recognizing outstanding service in the field.

David has published three books on dispute resolution: *Mediation: A Practice Guide for Mediators, Lawyers, and Other Professionals* (Massachusetts Continuing Legal Education 2013); *Bringing Peace into the Room: How the Personal Qualities of the Mediator Impact the Process of Conflict Resolution* (with co-editor Daniel Bowling); and *Massachusetts Alternative Dispute Resolution* (with co-author David Matz) – and numerous articles, which are posted on the Boston Law Collaborative, LLC web site.

Prior to founding Boston Law Collaborative, LLC in 2003, David was a partner at the Boston law firm Hill & Barlow, where he practiced for 17 years, in the areas of family law, employment law, commercial litigation, and alternative dispute resolution. Before that, he was a clerk for Hon. Stephen G. Breyer, when he was on the U.S. Court of Appeals for the First Circuit.

David is a graduate of Princeton University (A.B. 1970, *summa cum laude*), Cornell University (M.A. 1974, American Studies), and Harvard Law School (J.D. 1984, *magna cum laude*), where he was an editor of the Harvard Law Review. David lives in a cohousing community in Acton, Massachusetts with his wife Leslie Warner, who is a career coach; between them they have five adult children, a rescued Golden Retriever from Serbia, and an adolescent cat.

Boston Law Collaborative, LLC provides mediation, arbitration, and dispute resolution services, as well as legal representation in court and in Collaborative Law cases. For more info, please visit www.BLC.law.

The **BLC Institute** is a non-profit devoted to providing training and education in all aspects of dispute resolution. To learn more about the Institute and upcoming programs, visit <https://blc.law/training>

BLC has won the American Bar Association's Lawyer as Problem Solver Award, and the Law Firm Award for Excellence in ADR from the International Institute for Conflict Prevention and Resolution.





REGISTRATION FORM

IFS Workshop for Mediators, Lawyers, and Other Professionals

JANUARY 19 - 20, 2024

Name: _____

Firm/Company: _____

Email: _____ Phone: _____

(NEEDED TO CONFIRM REGISTRATION)

Two Ways to Pay:

My check for \$395 registration fee is enclosed (\$345 if you register by December 15) and mail the check to Boston Law Collaborative, LLC, 10 Liberty Square – 4th Floor, Boston, MA 02109, OR

Please charge the \$395 registration fee to the following credit card (\$345 if you register by December 15) and mail this form to Boston Law Collaborative, LLC, 10 Liberty Square – 4th Floor, Boston, MA 02109.

Name as it Appears on Card (if Different): _____

Credit Card Billing Address: _____

City, State, Zip: _____

Credit Card (circle one): MasterCard VISA AMEX

Credit Card Number: _____

Expiration Date: V-Code: _____

Amount Charged: _____

I authorize Boston Law Collaborative Institute, LLC, to charge the above credit card for the amount written above.

Signature: _____

Date: _____

Reduced registration fee available in the event of financial need.