

Implicit Bias Workshop: Proven Strategies for Raising Awareness and Counteracting Bias

Are you curious to learn more about implicit bias, but perhaps reluctant to raise the topic with friends or colleagues? Could your workplace or community benefit from heightened awareness of the ways implicit bias affects our relationships and decision-making? This one-day interactive workshop will help participants have a deeper understanding of the implicit biases we all carry and specific strategies to manage them.

In the morning, the facilitators will lead interactive presentations and exercises to raise awareness about where biases come from – essentially, a form of mental shortcut that we all engage in – as well as discussion of stereotypes each of us has encountered in the way we are viewed by others. In the afternoon, the workshop will focus on strategies for counteracting bias, with small-group discussions of each strategy and how they might be implemented in the workplace.

Workshop Agenda

MORNING (9:00 am - noon)

Welcome, Introductions & Overview of the Workshop
Opening Exercise: Raising Awareness about Implicit Bias
Stereotyping Exercise and Discussion
Implicit Association Test: Learning about Mental Shortcuts
Bias, Power & Privilege: Understanding Privilege

LUNCH (noon - 1:00 pm)

AFTERNOON (1:00 - 4:00 pm)

Tools for Counteracting Bias
Using the Internal Family Systems Model to Understand and Address Implicit Bias
“Interrupting” Bias: Small Group Exercises
Concluding Comments, Questions & Wrap Up



Faculty (left to right):

Senior Mediator & Institute Executive Director Audrey Lee
BLC Founder David Hoffman
BLC Affiliate Matt Thompson

Date: Tuesday, September 24, 2019 (9 am - 4 pm)

Location:
Metro-Boston Location TBD

Meet the Faculty



David Hoffman, Esq. is a mediator, arbitrator, Collaborative Law attorney, and founding member of Boston Law Collaborative, LLC. David teaches courses on Mediation and Collaborative Law at Harvard Law School, where he is the John H. Watson, Jr. Lecturer on Law. David also trains mediators in 5-day executive education programs for the Harvard Negotiation Institute, part of the Program on Negotiation at Harvard Law School. During the past year, David developed a course on Diversity and Dispute Resolution, which he taught at Harvard Law School in January 2017, and he will be teaching it again in January 2018



Audrey Lee is a Senior Mediator with Boston Law Collaborative, LLC and Executive Director of the BLC Institute, a non-profit devoted to education and training in all aspects of dispute resolution. She is also a founding Principal of Perspectiva LLC and faculty for the Harvard Negotiation Institute course, *Advanced Mediation Workshop: Mediating Complex Disputes*. Prior to joining BLC, Audrey was a mediator with the Massachusetts Commission Against Discrimination where she mediated harassment, disability, age, race, and gender discrimination cases. She is a member of the EEOC Mediation Panel and a frequent lecturer and coach for mediation skills trainings.



Madison "Matt" Thompson is an Affiliate of BLC and has worked for over 30 years in the areas of conflict resolution, diversity, and cultural competency. He has worked with large regional banking institutions, higher education institutions, major teaching hospitals, and community non-profit agencies. Matt has more than 20 years of experience in diversity, inclusion, and cross-cultural competency. For the past five years, Matt has also served as Co-Facilitator for the YW-sponsored LeadBoston program.

Seating is limited

To register, visit blc.law/calendar-of-programs

Boston Law Collaborative Institute (a 501(c)(3) organization) provides training, education, and coaching in all aspects of dispute resolution.