

Books for Parents about Divorce and Co-parenting

Crazy Time by Abigail Trafford

The Good Divorce: Keeping Your Family Together When Your Marriage Comes Apart by Constance Ahrons (1995)

Vicki Lansky's Divorce Book for Parents: Helping Your Children Cope with Divorce and Its Aftermath by Vicki Lansky (1996)

Between Love and Hate: A Guide to Civilized Divorce by Lois Gold (1996)

Mom's House, Dad's House: A Complete Guide for Parents Who Are Separated, Divorced or Remarried by Isolina Ricci, Ph.D. (Simon & Schuster: 1997)

Families Apart: Ten Keys to Successful Co-Parenting by Melinda Blau (1995)

Why Did You Have to Get a Divorce? And When Can I Get a Hamster?: A Guide to Parenting Through Divorce (1998)

Don't Divorce Your Children: Children and Their Parents Talk About Divorce by Jennifer Lewis & William Sammons (1999)

Helping Children Cope with Divorce, Revised and Updated Edition by Edward Teyber (2001)

Helping Your Kids Cope with Divorce the Sandcastles Way by M. Gary Neuman & Patricia Romanowski (1999)

Spiritual Divorce: Divorce as a Catalyst for an Extraordinary Life by Debbie Ford (2001)

Aftermarriage – The Myth of Divorce by Anita W. Robboy (2002)

When There Is No Other Alternative: A Spiritual Guide for Jewish Couples Contemplating Divorce by Rabbi Sanford Seltzer (2000)