

Richard N. Wolman, Ph. D.

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## **PROFESSIONAL EXPERTISE**

- Psychotherapy with children, adults, couples and families
- Forensic psychology in the areas of divorce, child custody, mediation, parenting coordinator; Affiliate of Boston Law Collaborative LLC, a multidisciplinary law firm in Boston, MA
- Relationship and Dating Coaching and Matchmaking with individuals seeking meaningful long-term relationships. President, *Peggy Wolman Matchmaking*
- Teaching of psychology to undergraduate, graduate, medical and law school students
- Research design, administration, implementation, data analysis and presentation
- Founder and President of PsychoMatrix, a psychological testing, research and educational organization offering workshops and retreats about spirituality and meaning in the workplace

## **ACADEMIC APPOINTMENTS**

**Assistant Clinical Professor of Psychology**, Department of Psychiatry, Harvard Medical School, 1985-present

## **TEACHING EXPERIENCE**

**Clinical Supervisor and Group Leader** of pre-doctoral psychology fellows, Massachusetts General Hospital

**Clinical Supervisor** of psychologists, psychiatric residents, and social workers, The Cambridge Hospital

## **SEMINARS AND LECTURES:**

- Why People Change: The Psychology of Influence, Harvard Extension School
- Process of Negotiation, Harvard Law School, Co-leader, Hon. Harry Edwards
- Psychotherapeutic process, Department of Psychology and Social Relations, Harvard University

- Psychology of Influence, Department of Social Studies, Harvard University
- Child development - theory and research, social science research, Psychodiagnosis and psychotherapy of children and families, The Cambridge Hospital, Harvard Medical School
- Personality Disorders: Working with Difficult Clients in the Practice of Law
- Research Methodology: Harvard Extension School
  - Faculty member: Family Law Mediation Training, Massachusetts Continuing Legal Education
  - Faculty member: Family Law Mediation Training: National training sponsored by The American Bar Association.

### **CLINICAL APPOINTMENTS AND EXPERIENCE**

**Clinical Associate in Psychology**, Department of Psychiatry, Massachusetts General Hospital, Boston, Massachusetts

**Clinical Supervisor**, The Cambridge Hospital, Cambridge, Massachusetts

**Consultant, Guardian ad Litem, Expert Witness:** Probate, Family and Superior Courts:

- Commonwealth of Massachusetts
- Maine
- District of Columbia
- Colorado
- Idaho

### **RESEARCH EXPERIENCE**

Areas of Focus:

- Spirituality
- Personality Structure
- Interaction of Family and Legal System
- Psychotherapeutic Processes
- Child Development
- Dreaming

**Founder and President, PsychoMatrix** 1997- present

Created empirical test of spirituality, *The PsychoMatrix Spirituality Inventory*  
Supervise staff in business and research with regard to gathering information, production of test reports, national and international distribution, financial management, research methodology, data analysis and presentation of results

**President, Psychometrix, Inc.** 1994 - 1996

Founded psychological testing, research and educational organization  
Developed personality test interface for use with national population  
Established data base of over 16,000 personality profiles for research in intra and interpersonal relationships

**Consultant, Praendex, Inc.**, Wellesley, Massachusetts 1990

Developed research design and methodology for assessing validity and reliability of personality inventory used in occupational selection and management reorganization. This measure is employed in thousands of companies in the US and over twenty countries worldwide

**CURRENT RESEARCH**

**Director, Spirituality Research Project and Personality Compatibility Project**

Conduct compatibility project that analyzes personality profiles of single individuals seeking partners; and profiles of individuals in long term relationships

Direct cross-cultural spirituality project that seeks to empirically study the spiritual experiences and behaviors of a national and international sample of normal individuals; to date, the spirituality profiles of over 14,000 subjects from Hawaii to Maine, Greece, Brazil, China, the Philippines and Australia have been collected.

**Director, Study of Spirituality and Negotiation**

Create and execute research into the nature of negotiation with respect to practical outcome, meaning and spiritual fulfillment.

**GRANTS and AWARDS**

William T. Grant Foundation  
Officer's Discretionary Grant for child custody research

Aetna Life and Casualty Foundation  
Funding of ongoing child custody research

Massachusetts Bar Foundation  
Funding of ongoing child custody research

**Principal Investigator**

Administration for Children, Youth and the Family, Office of Human Development Services, Department of Health, Education and Welfare

Research Grant No. 90 – C - 1768: " The Psychological Effects of Child Custody Disputes on Children"

### **LICENSURE and CERTIFICATION**

Certified Health Services Provider, Commonwealth of Massachusetts  
National Register of Health Services Providers in Psychology  
Licensed Psychologist #994, Commonwealth of Massachusetts

### **MEMBERSHIPS PROFESSIONAL SOCIETIES**

Massachusetts Psychological Association  
Massachusetts Association of Guardians ad Litem  
Massachusetts Collaborative Law Council

### **RELATED EXPERIENCE**

Co-Creator of Television Series, *BEDSIDE*: a show about the spiritual work of hospital chaplains.

Film consultant, Warner Brothers Studios, Burbank, California  
Provide consultation to screen writer on questions of psychological accuracy, personality dynamics and character development for film about a murder in a mental hospital

### **PUBLICATIONS**

Hoffman, D., & Wolman, R., "The Psychology of Mediation," *Cardozo Journal of Dispute Resolution*, Vol. 14.3; May, 2013

Wolman, R., & Pomerance, R., Virtual Presence Technology in Divorce and Separation, *Online Journal of Forensic Psychology*, 2012

Hoffman, D., & Wolman, R. "The Psychology of Mediation," Chapter in: *Mediation: A Practical Guide for Mediators, Lawyers, and Other Professionals*, D. Hoffman, ed., Massachusetts Continuing Legal Education, Boston 2012

Hoffman, D., & Wolman, R., Mediation as a Spiritual Practice, *Mediation.com*, January 2011, <http://www.mediate.com//articles/HoffmanWolman.cfm>

Wolman, R., & Kozmova, M., Last Night I Had the Strangest Dream: Rational Thought in Dreaming, *Consciousness and Cognition*, 2008

Kozmova, M. & Wolman, R., Self-Awareness in Dreaming, *Dreaming*, 2008

Hoffman, D., & Wolman, R. Up Close and Personal: How Self-Disclosure By the Mediator Impacts the Process of Conflict Resolution, New England Chapter of The Association of Conflict Resolution Newsletter, November 2005.

Casarjian, Phillips & Wolman, An Emotional Literacy Program with Incarcerated Individuals, *Journal of Forensic Psychiatry* Vol 26, issue 4, 2005

Hoffman, D., & Wolman, R., Multidisciplinary Practice: Three Dimensional Client Service, *MassPsych*, Spring/Summer Vol 48(1) pp 14-41, 2004

Wolman, R., Thinking with Your Soul: Spiritual Intelligence and Why It Matters; Random House, New York, 2001. Note: Book has now also been published in Chinese, Portuguese, Hebrew and Spanish.

Wolman, R., The PsychoMatrix Spirituality Inventory: Research Report of International Survey, *New Age Journal*, Watertown, MA, September, 1998.

Wolman, R., The Predictive Index: A Five-Factor Personality Inventory for Use in Personnel Selection and Organizational Consultation. Internal corporate publication, Dec. 1997

Wolman, R., Spirituality for Everyone, *New Age Journal*, Watertown, MA September 1997.

Wolman, R., and Pratt, J., A Normative Reliability Investigation of the Predictive Index Organization Survey Checklist, Praendex, Inc., Wellesley, MA April, 1996.

Wolman, R., and Pratt, J., The Concurrent Validity of Predictive Index and 16PF in a South African Population, Praendex, Inc., Wellesley, MA, January, 1996.

Wolman, R., A Study of Group Differentiation by Predictive Index Patterns, Praendex, Inc., Wellesley, MA, January 1993.

Wolman, R., A Study of Adverse Impact: Predictive Index Factors in Relation to Race, Sex, and Job Levels, Praendex, Inc. Wellesley, MA, September 1991.

Wolman, R. N. and Taylor, Keith P., Psychological Effects of Custody Disputes on Children. *Behavioral Sciences & the Law*, Vol. 9(4), 399-417, 1991.

Wolman, R. N.: Treating couples whose marriages have been influenced by the women's liberation movement; a male therapist's view. *Psychiatric Opinion*, January 1976.

Wolman, R. N., Lewis, W. C., King, M.: The development of the language of emotions: Theoretical and methodological introduction. *Journal of Genetic Psychology*, 120: 167\_176, 1972.

Lewis, W. C., Wolman, R. N., King, M.: The development of the language of emotions: Intentionality in the experience of affect. *Journal of Genetic Psychology*, 120: 303\_316, 1972.

Lewis, W. C., Wolman, R. N., King, M.: The development of the language of emotions: Type of anxiety in the experience of affect. *Journal of Genetic Psychology* 120: 325\_352, 1972.

Wolman, R. N., Lewis, W. C., King, M.: The development of the language of emotions: Bodily referents and the experience of affect. *Journal of Genetic Psychology*, 121:65\_81, 1972.

Kepecs, J. G., Wolman, R. N.: Preconscious perception of the transference. *The Psychoanalytic Quarterly*, XLI:2, 172 - 194, 1972.

Wolman, R. N., Lewis, W. C., King, M.: The development of the language of emotions: Conditions of emotional arousal. *Child Development*, 72: 1288 - 1293, 1971.

Wolman, R. N., Lewis, W. C., King, M.: The development of the language of emotions: Conditions of emotional arousal. *Child Development*, 72: 1288 - 1293, 1971.

Lewis, W. C., Wolman, R. N., King, M.: The measurement of the language of emotions. *American Journal of Psychiatry* 127:11 May 1971.

Wolman, R. N.: Through the one-way mirror: An analysis of the dynamics in the observation of psychotherapy. *Psychotherapy* 7: 108 - 110, summer 1970.

Wolman, R. N.: Early recollections and the perceptions of others: A study of delinquent adolescents. *Journal of Genetic Psychology* 116: 157 - 164, 1970.

Wolman, R. N., Kepecs, J. G.: Ego measurements of patients and staff on a medical ward. *Comprehensive Psychiatry*, 10:334 - 340, 1969.

Westman, J. C., Ferguson, B. B., Wolman, R. N.: School career adjustment patterns of children using mental health services. *American Journal of Orthopsychiatry* 34:4, July 1968.

Wolman, R. N.: A developmental study of the perception of people. *Genetic Psychology Monographs*, 76: 95 - 140, 1967.

Wolman, R. N., Barker, E. N.: A developmental study of word definitions. *Journal of Genetic Psychology*, 107: 159 - 166, 1965.

## **PRESENTATIONS**

Wolman, R., & Wolman, P., "Sex and Relationships after 50," Invited address, Life Planning Network, Weston, MA, October, 2014

Wolman, R., Maiona, J., Girard, C., Gorman, P., "Pesky Third Parties in Family Law Cases," Fall Symposium, Invited Panelist, Massachusetts Chapter of the Association of Family Conciliation and Courts, Weston, MA, October 2014

Wolman, R., & Wolman, P., "Finding Love after 50," interview on CBS This Morning TV show, July 7, 2014

Wolman, R., & Wolman, P., "Self-Awareness in Matchmaking and Dating Coaching" Invited address, Matchmakers Alliance, Port St. Lucie, Florida, April 2014

Wolman, R., Gaglini, S., Perlman, G., Boumil, M., "The GAL and the Child's Therapeutic Privilege," Invited panelist, Massachusetts Association of Guardians ad Litem Conference, Weston, MA, April 2013

Wolman, R., & Pomerance, R., "Telepresence Technology in Separation and Divorce: Enhanced Visitation or a Slippery Slope for Relocation?" Presentation to the Greater Boston Collaborative Practice Group, December 2012.

Wolman, R., & Pomerance, R., "Telepresence Technology in Separation and Divorce." Invited presentation at The International Society for Telepresence Research, Temple University, Philadelphia, PA, September 2012.

Hoffman, D., & Wolman, R., "The Psychology of Collaborative Negotiation," Presentation to the Greater Boston Collaborative Practice Group, April 2012.

Wolman, R., Harvard Law School Mediation Program Advanced Training Workshop. Invited Speaker with D. Hoffman, Esq. Cambridge, MA December 5, 2011.

Wolman, R., New England Boomers and Seniors Expo, Invited Speaker" "Spirituality in the 21<sup>st</sup> Century," Boston, MA, October 30, 2011.

Wolman, R., 3<sup>rd</sup> Annual New England Alternative Dispute Resolution & The Law Conference: "Lawyers and Neutrals in Challenging Times." Panelist: "Who Is on Your Team? Coaches, Counselors, Mediators and lawyers Define the Boundaries of Professional Practice;" Massachusetts Continuing Legal Education, Boston, MA, October 24, 2011.

Wolman, R., & Wolman, P., Co-Director, "A Workshop on Relationship and Dating Coaching for Professionals: Guest Speaker, Rachel Greenwald, Boston Law Collaborative, Boston, MA June 5, 2011

Hoffman, D., & Wolman, R., “The Negotiation Within: How Collaborative Professionals Can Manage Their Competing Internal Voices and Help Their Clients Do It Too.” Presentation to the International Academy of Collaborative Professionals Annual Networking and Educational Forum, October, 2010, Washington, D.C.

Wolman, R., Panelist: “The Myth of Neutrality: Recognizing Bias in Guardian *ad Litem* Evaluations” Massachusetts association of Guardians *ad Litem*: “Changes in Families, the Law, and the Legal System as a Reflection of Shifting Societal Values,” October, 2010, Boston, MA

Wolman, R., Spirituality and Meaning in the Workplace, Workshop presented to professional in the New England area, sponsored by Boston Law Collaborative, Boston, MA, April 2010

Wolman, R., The Role of Spirituality and the Meaning of Work: Workshop presented to The Young Presidents Organization, Chicago, IL June, 2009

Wolman, R., Spirituality in the Workplace: Workshop presented to The Young Presidents Organization, Washington, DC, June, 2008

Wolman, R., Spirituality and Negotiation: Invited Address, Harvard Negotiation Insight Initiative, Harvard Law School, December 2005

Wolman, R., et al, Mental Illness and Substance Abuse/Addiction: Their Impact on Conflict Resolution, “Family Matters: A symposium on Preventing and Resolving Family and Family-Business Disputes, American Bar Association Section on Dispute Resolution, Boston, MA, October, 2004

Wolman, R., & Kozmova, M., “The Continuity of Self During Dreaming, through and in the Content and Process of Rational Thought.” *Science, Self and Meaning, Conference of the Consciousness and Experiential Psychology Section of the British Psychological Society*, St. Anne’s College, University of Oxford, September, 2004.

Hoffman, D., Beach-Lynch, D., & Wolman, R. “Up Close and Personal: When Should Mediators Disclose Personal Information?” *Annual Conference, New England Association for Conflict Resolution*, Tyngsboro, MA, September, 2004

Wolman, R., & Kozmova, M, “Last Night I Had the Strangest Dream: Rational Thought in Dreaming.” Invited address, Association for the Study of Dreams Annual Conference, Tufts University, Medford, MA, June 2002; and Toward a Science of Consciousness Conference, Prague, Czech Republic, July, 2003, and Tucson, AZ, April, 2004

Wolman, R., “Spiritual; Intelligence and Why It Matters.” Invited address, Harvard University Mind/Body Program, Cambridge, MA, May, 2002.



Wolman, R., "Spiritual Intelligence" Hour long invited presentation, New Dimensions, Radio (simultaneous national radio broadcast and international web streaming), April, 2002

Wolman, R., "Thinking With Your Soul: Spiritual Intelligence and Its Relevance to Everyday Life," Invited presentation, NPR, New Jersey Public Radio, September, 2001.

Wolman, R., "Spiritual Intelligence," Hour long invited presentation, NPR, New Hampshire Public Radio, September 2001.

Kozmova, M., & Wolman, R., " Self-Awareness in Dreaming" Invited presentation, *Toward a Science of Consciousness* conference, Tucson, July, 2002.

Kozmova, M., & Wolman, R., "Self-Awareness in the non-lucid dreaming state;" Invited presentation: *Toward a Science of Consciousness Conference*, Skovde, Sweden, August, 2001.

Wolman, R. "The PsychoMarix Spirituality Inventory: Development and Applications;" Invited presentation on Mind/Body series for National Public Radio, June, 1998.

Wolman, R. "Trauma and Spirituality," Spirituality and Recovery from Mental Illness Symposium; Invited presentation, Center for Psychiatric Rehabilitation, Boston University, Boston, Massachusetts, June, 1998.

Wolman, R. "The Varieties of Spiritual Experience: an Empirical Investigation," Invited presentation, The Inner Voyage, Ft. Lauderdale, Florida, 1998.

Wolman, R. "Children and The Law: The Child Custody Dispute"; invited presentation, Columbia University School of Law, New York, New York, 1997.

Wolman, R. "The Use of the Five Factor Personality Test in Mate Selection;" invited presentation, *America's Talking*: CNBC, 1995.

Wolman, R., & Taylor, K., "The Psychological and Behavioral Effects of Custody Disputes on Children and Families." Invited paper, Division of Law and Psychology, annual meeting of the American Psychological Association, Boston, 1990.

Wolman, R. and Taylor, K., Psychological Aspects of Child Custody Disputes: Implications for Policy Change Presented at symposium "Divorce: From Problem to Opportunity." Society for the Psychological Study of Social Issues, 1982 annual meeting of the American Psychological Association Washington, D.C., August, 1982

Wolman, R. and Taylor, K. The Psychological Impact of Child Custody Disputes on

Children and Families, Invited address, annual meeting of the Association of Family Conciliation Courts, San Francisco, 1982.

Wolman, R. Child Custody: Psychology on Trial, Invited address presented at Fifth Potsdam Conference on Behavior Analysis and Psychotherapies, Institute for the Study of Applied Behavior Analysis, State University of New York, Syracuse, August, 1981.

Wolman, R, Taylor, K, & Solomon, L, Toward More Effective Working Relationships Between Therapists and Lawyers in Divorce and Child Custody Decisions, presented at the annual meeting of the Massachusetts Psychological Association Boston, May. 1981.

Wolman, R., Taylor K, Perera. L, Sander F. and Solomon, L., Child Custody Psychology in the Courts, presented at the annual meeting of the Massachusetts Psychological Association. Boston, May, 1981.

Wolman, R, The Child Custody Dispute: Current Research. Invited Address, presented at Georgetown University Symposium on Divorce, Washington, D.C., 1980.

Wolman, R., Taylor K., Sander, F. McGovern, S. & Weiss, R, Child Custody: Psychology on Trial, presented at annual meeting of the American Psychological Association, Montreal, 1980.

Wolman, R., McGovern, S, Tye, D., & Connolly, J, The Child Custody Dispute: Role of the Psychologist presented at annual meeting of the Massachusetts Psychological Association, Boston, May, 1979.

## **EDUCATION**

- Ohio State University, Ph.D., Psychology
- Pre-doctoral clinical internship, Massachusetts Mental Health Center, Harvard Medical School
- Ohio State University, M.A., Psychology
- Brandeis University, B.A., Philosophy